

3.16 mall music

20min

被我拍到肩膀時動作結束。

The movement ends when you are tapped on the shoulder.

1. 想像階梯被一圈鐵籠圍繞著，來往的電梯都是觀光自己的遊客，在裡面來回踱步，搖頭。Imagine that the steps are surrounded by a ring of iron cages, and that the elevators coming and going are full of tourists sightseeing themselves, pacing back and forth inside, shaking their heads.
2. 清算所有粉紅色的商品，並念出名字（小聲大聲都可以），每數到十個就回到步行階梯第3階一次。Clear all the pink children's merchandise, and read out the name (whispering is fine), every count to ten to return to the third step of the walking ladder.
3. 清算所有藍色的商品，並念出名字（小聲大聲都可以），每數到十個就回到步行階梯第6階一次。Clear all blue children's merchandise and read out the names (you can try to be loud) and return to step 6 of the walking ladder for every ten you count.
4. 在每家飯店的單人桌坐下一分鐘再離開，每完成五次就回到步行階梯第9階一次。sit down at a single table in each restaurant for one minute before leaving, returning to Step 9 of the Walking Stairs once for every five you have completed.
5. 找餐廳裡的素食，每數到十個就回到步行階梯第12階一次。Find all the vegetarian dishes in all the restaurants and return to step 12 of the flight of stairs once for every ten you have completed.
6. 坐電梯下再上，想像步行階梯中間的人是動物園裡的動物。Keep taking the elevator down and up and imagine that the people in the middle of the flight of steps are animals in a zoo.
7. 在入門的水果攤拿起每一個橙子再放回去。pick up every orange at the fruit stand at the entrance and put it back.

8. 在步行樓梯的最中間，打電話給一個你的家人/朋友（不要告訴對方原因）。At the very center of the walking stairs, call one of your family/friends (don't tell the person why).
9. 在步行階梯的第五層，把外套脫掉再穿上，把鞋子脫掉再穿上。take your jacket off and put it back on and take your shoes off and put them back on at the fifth level of the walking stairs.
10. 在門口隨機追蹤一位外賣員到飯店，再從飯店隨機跟著一位外賣員到門口，每完成一次就回到步行階梯第20階一次。follow a random delivery person at the door to the restaurant, and then follow a random delivery person from the restaurant to the door, returning to the 20th step of the walking stairs once for each completion.